

Study Skills

DON'T FOCUS ON ONE SUBJECT FOR TOO LONG

90-minute study sessions, 45 min – > break, 45 min – > break

Research shows that students have BETTER MEMORY AND RECALL abilities when they learn new information with the expectation of having to TEACH IT TO SOMEONE ELSE.

- Scientists have found "virtually no evidence" to support the concept of learning styles...

So what is the best method?

REPETITION of the material is the best method! **Variety:** Read, start a group study, teach captive audiences (family), create mnemonics, rehearsal - running lines, review notes, question everything!

Test Taking Strategies

Ask yourself three questions:

- **What is the question?**
- **What is the question asking for?**
- **What are the specific details relevant to the question?**

Suggestions, Hints and Clues

Pay attention to all qualifiers (usually, none, always etc.). If you can think of one exception to the qualifier in the answer, then you can eliminate that choice.

- A statement is usually false if it contains "all", "always", "never", or "none".

Read each multiple choice option as a true / false statement.

- If any part of the statement is false, then the entire statement is false

The answer has a great chance of being correct if it has "sometimes", "probably", or "some".

If "all of the above" is a choice and two choices are correct, "all of the above" is most likely the right choice.

- However, if one of the choices is wrong, "all of the above can't be the right choice.
- **IT IS IMPORTANT TO READ ALL OF THE ANSWER CHOICES!!!**